ESDL President
Prof. Mohamed Khattab

Congress President
Prof. Nermine Sheriba
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On behalf of the Egyptian Society for Diabetes and Lipidology board (ESDL),

I would like to welcome my esteemed colleagues and distinguished guests to the mega scientific event: DiaEgypt 2019.

we are delighted to invite you to attend the eleventh DIAEGYPT congress that will take place in Intercontinental city stars hotel, Cairo, Egypt, 16-18 October 2019.

Our scientific program will provide a comprehensive update of recent advances of diabetes and its associated co-morbidities. The program involves state-of-the-art lectures as well as interactive case discussion sessions.

We would like to thank you all for attending and bringing your expertise to our meeting.

President of DIA EGYPT 2019
Prof. Nermine Sheriba
ESDL Board

Honorary President
Prof. Sherif Hafez

President
Prof. Mohamed Khattab

Vice President
Prof. Samir George

General Secretary
Prof. Salah Shelbaya

Treasurer
Prof. Ibrahim Elebrashy

Board Members (in alphabetical order)

Prof. Atef Bassiouny
Prof. Hesham El Gayar
Prof. Ibrahim Elebrashy
Prof. Khalifa Abdallah
Prof. Mohamed Khattab

Prof. Nabil El Kafrawy
Prof. Nermine Sheriba
Prof. Salah Shelbaya
Prof. Samir George
Prof. Sherif Hafez
Prof. Yehia Ghanem
The ESDL (Egyptian Society of Diabetes and Lipidology) was founded in 2013. The ESDL superior objective is spreading the awareness to the public and the cure of diabetes for all diabetic patients through campaigns and public and patient awareness days and also gathering all people working in the field of diabetes and Lipidology through the ESDL educational activities and publications, scientific meetings and annual congress “DiaEgypt”.

**Individual Membership:**

**Get benefit of:**
- Voting rights and attendance at general ESDL meetings.
- Reduced rate registration to the “ESDL Activities”
- Receiving ESDL publications.
- Joining affiliated societies.
- Be a part of our international presence.
- Be a part of the social responsibility activities including public and patient awareness.

**Annual Congress:**

The National Egyptian Diabetes Congress - DIAEGYPT

[www.diaegypt.org](http://www.diaegypt.org)

Facebook page: /The Egyptian Society of Diabetes & Lipidology

**Mobile App**

**DIA EGYPT**

**Find Us**

on Apple Store / play Store
Congress Board

Congress President
Prof. Nermine Sheriba

Scientific Committee
(in alphabetical order)

Prof. Atef Bassiouny
Prof. Hesham El Gayar
Prof. Ibrahim Elebrashy
Prof. Khalifa Abdallah
Prof. Mohamed Khattab
Prof. Nabil El Kafrawy
Prof. Nermine Sheriba
Prof. Salah Shelbaya
Prof. Samir George
Prof. Sherif Hafez
Prof. Yehia Ghanem

Organizing Committee

Prof. Manal Abou Shady
Prof. Hemmat El Hadad
Prof. Noha Gaber
PROF. ANTONIO CERIELLO

IRCCS Multimedica of Milan, Milan (Italy)
Specialty : Risk Factors and Prevention

Professor Antonio Ceriello is Head of Diabetes Department at IRCCS Multi Medical, Milan, Italy. Professor Ceriello has published over 450 original papers. His current h-index is Prof. Ceriello has chaired the International Diabetes Federation (IDF) committee for the development in 2008, and in the 2011 for the update of “Guideline for Management of Postmeal Glucose”. Currently, is the President of the European Association for the Study of Diabetes (EASD) Study Group on “Diabetes and Cardiovascular Diseases”. He has been Member of the Board for the development of the new “European Society of Cardiology (ESC) guidelines on diabetes, pre-diabetes, and cardiovascular diseases developed in collaboration with the EASD “. He also served as Associate Editor of “Diabetes Care” from 2003 to 2011 and Associate Editor of “Diabetic Medicine” from 2005 to 2016. From July 1st 2016 he has been appointed as Editor in Chief of “Diabetes Research and Clinical Practice”, the official IDF journal.
PROF. EBERHARD STANDL

Dr. Eberhard Standl is Professor of Medicine, endocrinologist and angiologist at the Munich Diabetes Research Group/Diabetes Research Institute. He graduated from the Universities of Munich and Frankfurt, and has developed his career in both Munich, and at the Joslin Diabetes Center, Boston, USA. He is retired director of the Department of Endocrinology, Diabetology and Metabolism at the Academic Hospital Munich-Schwabing. Professor Dr. Standl's principal areas of research are diabetology, micro- and macrovascular disease, cardioneuropathy, action and degradation of insulin, and epidemiology of cardiovascular diabetic complications. He has published some 560 original papers, review articles, textbook chapters and monographs, and has received various scientific awards, including the Bertram Award for research related to vascular disease in diabetes in 1981, the Castelli-Pedroli Prize of the European Association for the Study of Diabetes (EASD) in 1999, the Harold Rifkin Award of the American Diabetes Association 2005, and the Albert Renold Medal of EASD 2006. He is a member of several scientific associations, with strong affiliations to the German Diabetes Association, the EASD, and the International Diabetes Federation (IDF). He was president of the German Diabetes Association 1988/89, vice president both of EASD and IDF 2003 to 2006 and chairman of the Organizing Committee for the EASD congress 2004 in Munich. He is vicechair of the newly founded EASD study group on cardiovascular complications, and immediate Past-President both of the German Diabetes Union and of IDF Europe.
International Guest Speakers *(in alphabetical order)*

**PROF. HISHAM MAKSOUED**

My training at the Oxford teaching hospitals included: diabetes (type 1, type 2, impaired glucose tolerance, juvenile, antenatal diabetes), endocrine disease, PCOS, impotence, hirsutism, dyslipidaemia, thyroid cancer, osteoporosis, Paget's Disease, osteogenesis imperfecta, premature menopause, multiple endocrine neoplasia syndromes, carcinoid and diagnostically difficult syndromes. For my Doctorate of Medicine I worked on new therapy for Type 2 Diabetes (GLP-1 and oral insulin therapy) at the Diabetes Research Laboratories, Oxford.

**Clinics:** General medicine, diabetes mellitus, endocrine disease, impotence (erectile dysfunction), thyroid disorders, obesity (over weight), diabetes in pregnancy, diabetes in children and adolescence, PCOS, endocrine hypertension (high blood pressure), endocrine disorder in pregnancy, dyslipidemia (high cholesterol), osteoporosis, metabolic bone disease, parathyroid and calcium metabolism, chronic fatigue syndrome, pituitary disease, adrenal disease, hypoglycaemia, hyponatremia (low sodium), diabetic foot and thyroid cancer.

**PROF. IAIN CRANSTON**

Co-Founder, Chairman, Consultant | Portsmouth, England

Specialties: Endocrinology, Metabolism and Diabetes

Biography: Dr. Iain Cranston joined the team at Portsmouth in 2001. He has specialist interests in intensified insulin therapy (including Pump therapy and problematic hypoglycaemia) and renal disease in diabetes. He is the physician lead for the diabetes-renal clinic and the intensive insulin/insulin pump clinics which run alongside the intensified insulin education programme, known locally as JIGSAW.
Dr. Roussel graduated from Ecole Polytechnique as an engineer, received his medical degree from Paris University (Paris XI), and served his internship in medicine at Assistance Publique-Hôpitaux de Paris Hospitals. He subsequently completed fellowships in endocrinology and diabetology, at University of Paris (Paris Diderot) and Bichat Hospital. He was appointed to the faculty of the Department of Diabetology Endocrinology Nutrition at Paris University in 2006 as an Assistant-Professor, and in 2010 as a Professor. He is currently the Chief of the Division of Endocrinology, Diabetes and Nutrition in Bichat Hospital.

Dr. Roussel has published over 200 articles. His research has focused on the determinants of the vascular complications in diabetes and nutritional disorders, especially in diabetic nephropathy and macrovascular diseases, on new therapeutic approaches, and on the evaluation of available treatments regarding new aspects of their efficacy and safety. He is the head of the INSERM research team "Pathophysiology and therapeutics of vascular and renal diseases related to diabetes and nutrition" in the Cordeliers Research Center in Paris, France. Dr Roussel is a Co-Founder of the University Diploma for Diabetes Care, University of Paris. He was also recently appointed as a member of the Committee of Clinical Affairs of the EASD.
<table>
<thead>
<tr>
<th>National Faculty (in alphabetical order)</th>
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<tr>
<td>Abdel Qawi Hamad</td>
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<td>Samir Helmy Assad</td>
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<td>Sanaa Gazarin</td>
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<td>Shaimaa Ahmed</td>
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<td>Shaimaa Kamel</td>
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</tbody>
</table>
National Faculty *(in alphabetical order)*

Maha Assem  
Cairo University  
Sherif Hafez  
Cairo University  
Sherif Samy  
Ain shams University  
Sherouk Mousa  
Cairo University  
Sohier Waheeda  
Alexandria University  
Suad Sultan  
Cairo University  
Shaimaa Dawood  
Alexandria University  
Talaat Abdel Aaty  
Alexandria University  
Walaa Anwar Khalifa  
Assiut University  
Yara Eid  
Ain shams University  
Yasser Mostafa Hafez  
Tanta University  
Yehia Ghanem  
Alexandria University
General Information

Congress Venue

CAIRO

Congress hosting city is Cairo is the capital of Egypt and the largest city in the Middle-East and second-largest in Africa after Lagos. Its metropolitan area is the 16th largest in the world. Located near the Nile Delta, nicknamed "the city of a thousand minarets" for its preponderance of Islamic architecture, Cairo has long been a center of the region's political and cultural life. Cairo is also associated with Ancient Egypt as it is close to the ancient cities of Memphis, Giza and Fustat which are near the Great Sphinx and the pyramids of Giza.

InterContinental City stars Hotel

InterContinental City stars Hotel is ideally located seven minutes from Cairo International Airport, 10 minutes from Cairo International congress centre and 30 minutes from downtown Cairo. Named Cairo’s best business hotel by business Traveler magazine

City Stars

City Stars Centre is the retail and leisure component of the city stars complex and provides a unique shopping and entertainment experience in the Middle East. The 643 store shopping centre includes world-renowned diverse brand names. The Centre is also complimentary by 2 indoor theme parks, a 21 state-of-the-art screen cinema complex, and diverse dining choices. Khan El-Khalili treasures and a 20,000 m2 exhibition area built to international standards.
Organizational Notes

Sightseeing

The Egyptian Museum

Contains many important pieces of ancient Egyptian history. It houses the world’s largest collection of Pharaonic antiquities, and many treasures of King Tutankhamen. The museum exhibits over 120000 objects, some of the important groups of these objects are: Artifacts from the tombs of kings and members of the royal families of the Middle Kingdom found at Dahshur in 1894. The contents of the royal tombs of Tuthmosis III, Tuthmosis IV, Amenhotep III and Horemheb and the tomb of Yuya and Thuya. Artifacts from the tomb of Tutankhamun, consisting of more than 3500 Pieces, of which 1700 objects are displayed in the museum (the rest are in storerooms).

Sakkara, The Giza Pyramids and Sphinx

The Egyptian pyramids are ancient pyramid-shaped masonry structures found at Giza on the outskirts of Cairo.

The Giza pyramids are counted among the largest built. The Pyramid of Khufu at Giza is the largest Egyptian pyramid. It is the only one of the Seven Wonders of the Ancient World still in existence.
Registration hours

Registration desk will be ready on Wednesday 16th October at 08:30 - 16:00
Registration desk will be ready on Thursday, 17th October at 08:30 – 16:00

Registration area is sponsored by

Congress Badge

All registrants and exhibitors must wear their name badge to have access to congress sessions, lunches and social events. No exceptions will be made

Sponsored by

Certification

Individual Credit hours for attending the conference (According to Barcode System).
Credit hours for the different sessions will be provided at end of each session. Certification with the number of credit hours will depend on getting a proof from attendance analysis of the Barcode system. Certificate will be issued ONCE with the actual ratio of scientific attendance.
The Accreditation Review Committee (ARC) of the American Association of Continuing Medical Education (AACME) designates this medical education activity for a maximum of **19.25** hours in the Category 1 credit of the Association’s Designation.
Organizational Notes

Language

The official language is English. All lectures and presentations will be held in the English language only. There will be no translation available.

Website
www.diaegypt.org

Facebook page: / The Egyptian Society of Diabetes & Lipidology

DIAEgypt Mobile Application – Get Connected !!

Live the congress experience right through your smart phone, download now your free DIAEGYPT app from your app store and easily access all you need in front, from board, speakers, guidelines, venue, agenda, sponsors and more. Join our community through our highly active news feed (Activity Stream) and check all our updates.
Chat now with all your colleagues over our instant messaging feature (people’s tab), also with our new instant messaging help service ask what you need and its done!

Sign up now with 1 easy step, just add your name and e-mail, to enjoy a new experience.

Mobile App
DIA EGYPT
Find Us
on Apple Store / play Store

Sponsored by

Lilly
Organizational Notes

Housing

**InterContinental City stars Hotel**
All rooms are on Bed & breakfast basis
Check in Time 2:00 p.m. Check out Time 12:00 p.m.
OMAR IBN EL KHATTAB STREET,
P.O. BOX 1026
CAIRO, 11737 Egypt.
Front Desk: +20-2-24800100
Fax: +20-2-24800200

**Holiday Inn**
All rooms are on Bed & breakfast basis
Check in Time 2:00 p.m. Check out Time 12:00 p.m.
Ali Rashed St Heliopolis
Cairo, 11757 Egypt
*From hotel to the Intercontinental 10 min by walk*

**Tolip El Galaa Cairo Hotel**
All rooms are on Bed & breakfast basis
Check in Time 2:00 p.m. Check out Time 12:00 p.m
El Ourouba street Heliopolis.
Cairo, Egypt
*From hotel to the Intercontinental 10 min by Car*

**Tolip Golden plaza Hotel**
All rooms are on Bed & breakfast basis
Check in Time 2:00 p.m. Check out Time 12:00 p.m Masaken Al Mohandesin, Nasr City
Cairo Egypt
*Phone: 02 26910800*
*From hotel to the Intercontinental 10 min by walking distance*
Organizational Notes

Credit Hours System

Individual credit hours for attending the congress (According to Barcode System) credit hours for the different sessions will be provided at end of each session, certification with the number of credit hours will depend on getting a proof from attendance analysis of the bar code system. Certificate will be issued ONCE with the actual ratio of scientific attendance.

Barcode

Barcode will be printed on all badges of participants. Access to congress halls will be only with badge. Barcode system will allow the calculation of participated hours in each session for each candidate.

Electricity

The electricity supply in Egypt is 220 Volts, 50 Hz. Most hotels also provide 110 Volts outlets for shavers.

Currency Banking (rates are subjects to market fluctuations)

Egyptian Pound (EGP) is the official currency in Egypt. Foreign currency exchange is available in most of the hotels, banks and currency exchange offices. ATM machines are available all through the city, at the convention center and at the vicinity of all congress hotels.

Poster Area

A poster presentation, at a congress with an academic or professional focus, is the presentation of research information, usually peer-reviewed work. Poster area will be at the exhibition area.
Organizational Notes

Magazine Star Booth
Introducing the premier “studio” photo booth with a brand new vision & style

Sponsored by

Live in a Capsule:
Glass-walled conference room where your symposium/ talk can take place during the entire congress

**Wednesday 16th October**
- Preparing the presentation → 12:00 – 12:30
- Preparing yourself → 14:30 - 15:00
- Delivering the presentation → 16:00 – 16:30

**Thursday 17th October**
- Self-awareness model → 12:00 – 12:45
- Self-managing emotions → 14:30 – 15:00

**Dr Magued Georges**
Head of Training and Personnel Development - Servier - Egypt

- Sponsored by

**Leading Diabetes Care Today & Tomorrow**
Organizational Notes

On a Diet Lounge

A café style lounge, welcomes all delegates where they can stop by and network

Sponsored by

Leading Diabetes Care Today & Tomorrow

Your health magazine

1st edition will be available during the conference for the audience review, Your Health-mag.com & its printed version deliver relevant information in clear, English & Arabic languages that puts health into context in peoples’ lives. Through medical content, insights from experts and real people. YourHealth-mag.com is produced by editors and journalists dedicated to delivering accurate, trusted, up-to-date health and medical information, for consumers. We focus on problem-solving content to help you make decisions during complicated, stressful times.
Coffee Break & Lunch Timing

Coffee Break schedule

- **Wednesday**: 16th October 10:30 – 11:30 Parallel
- **Thursday**: 17th October 11:45 – 12:45 Parallel

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Light Lunch schedule

- **Wednesday**: 16th October 11:45 – 12:45 Parallel
- **Thursday**: 17th October 14:15 – 15:15 Parallel

Lunch schedule

- **Wednesday**: 16th October (After the end of the last session)
  will be available at Shahrazad hall (level-4) / Abdeen hall (Level -3) / Montaza hall (Level -3) / Mamouniah hall (Level -3)

- **Thursday**: 17th October (After the end of the last session)
  will be available at Shahrazad hall (level-4) / Abdeen hall (Level -3) / Montaza hall (Level -3) / Mamouniah hall (Level -3) / Hambra (Level -2) / pool area lounge (Level -2)

- All refreshments and lunches activities will be served against coupon in the congress kit.
- Each coupon is valid only for the meal mentioned on it and according to the timing mentioned above with **no stop of the scientific program**.
- Coffee breaks will be available at El Saraya hall where the exhibition area
- Coffee Breaks for chairpersons and speakers will be available at the Faculty Lounge (level -3)
Coffee Break & Lunch Timing

Learn & Lunch symposia

16th October  18:00 -19:00  (Hambra Hall)

• Special invitations delivered from the sponsor booth are mandatory to access to the below activity

Sponsored by

17th October  17:45 -18:45  (Montaza Hall)

• Special invitations delivered from the sponsor booth are mandatory to access to the below activity

Sponsored by

17th October  17:45 -18:45  (Sans Souci I Hall)

• Special invitations delivered from the sponsor booth are mandatory to access to the below activity

“Updates on Hyperlipidaemia Management in light of latest Guide lines Updates 2019 -2020”

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<th>Hotel</th>
<th>Date</th>
<th>Round 1</th>
<th>Round 2</th>
<th>Return</th>
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<tbody>
<tr>
<td>Tolip Golden Plaza</td>
<td>17/10/2019</td>
<td>08:00</td>
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<tr>
<td>Tolip El Galaa</td>
<td>17/10/2019</td>
<td>08:00</td>
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<td>Cites Return buses</td>
<td>18/10/2019</td>
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</table>
Dear Speaker,

You will soon be presenting at the congress and we want this experience to go as smoothly as possible for you. On behalf of the congress, ICOM will manage the Audiovisual services and provide you with assistance before, during and after your lecture.

Submitting your presentation

- All presentations should be entirely in English.
- Please submit your presentation on flash/stick memory or CD/DVD.
- Please make sure that the saved file(s) contain all media files included in your presentation.

- For PC users
  - All Presentations should be created by Microsoft Office.
  - For presentations included videos it’s preferred to create it using the latest Microsoft PowerPoint.
  - Prezi presentations are supported.
  - Presenter view is not supported.

- For Mac users
  - It’s preferred to create your presentation using Microsoft Office for Mac.
  - Keynote files will be converted to Microsoft PowerPoint file to be compatible with our devices

- Hall Guidelines
  - Please arrive at the congress hall 10 minutes prior to the beginning of your session.
  - Thank you for abiding by the allocated duration of your presentation.
  - A computerized countdown timer will be displayed on screen and will automatically close the Presentation once the time is finished.
DAY 1 | WEDNESDAY
16 OCTOBER 2019
### Main Hall | Opening Ceremony | 09:30 - 10:00

**Chairpersons (in alphabetical order)**
- Atef Bassiouny
- Ibrahim Elebreshy
- Mohamed Khattab
- Nermin Sheriba
- Samir George
- Yehia Ghanem
- Hesham El Gayar
- Khalifa Abdallah
- Nabil El Kafrawy
- Salah Shelbaya
- Sherif Hafez

### Main Hall | Plenary Lecture | 10:00 - 10:30

**Chairpersons (in alphabetical order)**
- Atef Basinsouny
- Ibrahim Elebreshy
- Mohamed Khattab
- Salah Shelbaya
- Sherif Hafez
- Hesham El Gayar
- Khalifa Abdallah
- Nabil El Kafrawy
- Samir George
- Yehia Ghanem

- **10:00 - 10:30**
  - State of the art
  - Heart failure: the forgotten Fatal complication of diabetes
  - *Nermine Sheriba*  
  - *Ain Shams University*

### Main Hall | EASD & ESDL Joint Session | 10:30 - 11:30

**Chairpersons (in alphabetical order)**
- Hesham El Gayar
- Nabil El Kafrawy
- Yehia Ghanem
- Ibrahim Elebreshy
- Samir George
- Ehab Nabil

- **10:30 - 11:00**
  - Glucose variability
  - *Antonio Ceriello*  
  - *Italy*

- **11:00 - 11:30**
  - Severe hypoglycemia, mortality and cardiovascular events: lessons from recent cardiovascular outcome trials
  - *Eberhard Standl*  
  - *Germany*
Main Hall | Servier Industrial Symposium | 11:30 - 12:00

**Chairpersons (in alphabetical order)**

- Nabil El Kafrawy
- Samir Helmy Assaad
- Sherif Hafez

11:30 - 11:45  | Filling the gap in hypertension management  
*Ibrahim Elebrashy*  
*Cairo University*

11:45 - 12:00  | The Third Dimension...  
*Khalifa Abdallah*  
*Alexandria University*

12:00 - 13:00  | Telomeres and the metabolic syndrome  
*Nagwa Lachine*  
*Alexandria University*

12:40 - 13:00  | Should TIR replace HbAC?  
*Hossam Ghazy*  
*Mansoura University*
### Hall: B Montaza Rising Stars Session Diabetes in Adolescence 12:00 - 13:00

**Chairpersons (in alphabetical order)**

<table>
<thead>
<tr>
<th>Name</th>
<th>University</th>
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<tbody>
<tr>
<td>Abdel Qawi Hamad</td>
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<tr>
<td>Hesham El Gayar</td>
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<td>Rawya Khater</td>
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<td>Ahmed Bahaa</td>
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<td>Mona Mansour</td>
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<td>Yehia Ghanem</td>
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12:00 - 12:15 Is it type 1 or type 2?
**Shaimaa Ahmed**
*Cairo University*

12:15 - 12:30 Adolescence physiological changes impact on type 1 diabetes management
**Mona Yousry**
*Cairo University*

12:30 - 12:45 Type 2 diabetes management in adolescence
**Ola El Garhy**
*Cairo University*

12:45 - 13:00 Management of co-morbidities of type 2 diabetes in adolescence
**Rasha Sobh**
*Cairo University*

### Hall: C Abdeen Nutrition Session 12:00 - 13:00

**Chairpersons (in alphabetical order)**

<table>
<thead>
<tr>
<th>Name</th>
<th>University</th>
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<tbody>
<tr>
<td>Aliaa El Sherbiny</td>
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<td>Hadia Elsayed</td>
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<td>Maram Maher</td>
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<td>Eman Roushdy</td>
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<td>Laila Hendawi</td>
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<td>Rokaya Abdel Aziz</td>
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12:00 - 12:30 Good calories versus bad calories: What really makes us fat?
**Doaa Zakaria**
*Ain shams University*

12:30 - 13:00 Nutrition focused physical assessment
**Dina Marwan**
*Ain shams University*
### AstraZeneca Industrial Symposium

**Main Hall**

**13:00 - 13:45**

**T2D management: From Gluco centric to holistic approach**

**Chairperson**
Sherif Hafez

**Moderator**
Mohamed Khattab

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>13:00 - 13:10</td>
<td>Patient 1: Management of a recently diagnosed patient with T2D</td>
<td>Hesham El Gayar</td>
<td>Ain Shams University</td>
</tr>
<tr>
<td>13:10 - 13:20</td>
<td>Patient 2: Five years on maintaining glycemic control and maximizing cardio-renal risk reduction</td>
<td>Khalifa Abdallah</td>
<td>Alexandria University</td>
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<tr>
<td>13:20 - 13:30</td>
<td>Patient 3: Moving along the risk continuum: Reducing the risk of recurrent CV events, post ACS</td>
<td>Yehia Ghanem</td>
<td>Alexandria University</td>
</tr>
<tr>
<td>13:30 - 13:40</td>
<td>Patient 4: Preventing further cardio-renal decline</td>
<td>Ibrahim Elebrashy</td>
<td>Cairo University</td>
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<tr>
<td>13:40 - 13:45</td>
<td>Discussion</td>
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**Main Hall | Sanofi industrial Symposium | 13:45 - 14:15**

**Chairpersons (in alphabetical order)**
- Elham Eslam  
- Megahed Abul Magd  
- Nabil El Kafrawy

Fadilla Gadallah  
Mohamed Eissa  
Magda Shokry

- **13:45 - 14:00**  
  PCSK9i an innovation in management of dyslipidemia  
  *Ibrahim Elebrashy*  
  *Cairo University*

- **14:00 - 14:15**  
  Introducing: I-GlarLixi (Key clinical data)  
  *Salah Shelbaya*  
  *Ain Shams University*

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**Main Hall | Overlooked Diabetic complications | 14:15 - 15:15**

**Chairpersons (in alphabetical order)**
- Hanan Amer
- Mohamed Halawa  
- Mona Radwan

- Mohamed Fahmy Abdelaziz  
- Mohamed Saad Hamed  
- Talaat Abdel Aaty

- **14:15 - 14:35**  
  Diabetes- liver cirrhosis: New concepts and clinical issues  
  *Hossam Abdel Aziz*  
  *Ain Shams University*

- **14:35 - 14:55**  
  Diabetes induced erectile dysfunction  
  *Mohamed Abdel Raouf*  
  *Menoufia University*

- **14:55 - 15:15**  
  Novel therapies in diabetic neuropathy  
  *Walaa Anwar Khalifa*  
  *Assiut University*
<table>
<thead>
<tr>
<th>Hall: B Montaza</th>
<th>Rising Stars Session</th>
<th>14:15 - 15:15</th>
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<tr>
<td><strong>Chairpersons (in alphabetical order)</strong></td>
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<td>Alaa Abdel salam</td>
<td>Hala Gamal El Din</td>
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<td>Khalifa Abdallah</td>
<td>Mohamed Shaban</td>
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<td>Raef Malak</td>
<td>Samir George</td>
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<td><strong>14:15 - 14:35</strong></td>
<td>Statin discontinuation and Intolerance: the challenge of long-term therapy?</td>
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<td><strong>Mohamed Zitoun</strong></td>
<td><strong>Alexandria University</strong></td>
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<tr>
<td><strong>14:35 - 14:55</strong></td>
<td>Diabetes and aging: Myths and reality</td>
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<td><strong>Mai Badrah</strong></td>
<td><strong>Alexandria University</strong></td>
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<td><strong>14:55 - 15:15</strong></td>
<td>Hypertension in diabetic chronic kidney disease: what are the challenges?</td>
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<td><strong>Reem Fathallah</strong></td>
<td><strong>Alexandria University</strong></td>
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<tr>
<th>Hall: C Abdeen</th>
<th>Nutrition Session</th>
<th>14:15 - 15:15</th>
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<td><strong>Chairpersons (in alphabetical order)</strong></td>
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<tr>
<td>Heba Moustafa</td>
<td>Heba Sherif</td>
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<td>Hoda El Rawy</td>
<td>Nashwa Ghanem</td>
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<tr>
<td>Samya Okasha</td>
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<tr>
<td><strong>14:15 - 14:30</strong></td>
<td>Food burn disease</td>
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<tr>
<td><strong>Mohamed Magdi</strong></td>
<td><strong>Cairo University</strong></td>
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<tr>
<td><strong>14:30 - 14:45</strong></td>
<td>Food allergy</td>
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<td><strong>Mohamed Gomaa</strong></td>
<td><strong>Cairo University</strong></td>
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<tr>
<td><strong>14:45 - 15:00</strong></td>
<td>Probiotics and prebiotics in food</td>
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<td><strong>Sherouk Mousa</strong></td>
<td><strong>Cairo University</strong></td>
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<tr>
<td><strong>15:00 - 15:15</strong></td>
<td>Food of drug interactions</td>
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<td><strong>Sahar Alwakil</strong></td>
<td><strong>Cairo University</strong></td>
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### Main Hall | Novartis Industrial Symposium | 15:15 - 16:00

**Chairpersons (in alphabetical order)**
- Khalifa Abdallah
- Mohamed Khattab
- Sherif Hafez

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
<th>Affiliation</th>
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<tbody>
<tr>
<td>15:15 - 15:35</td>
<td>The missing piece in Diabetes management: Verifying our future</td>
<td>Samir George</td>
<td>Cairo University</td>
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<tr>
<td>15:35 - 15:55</td>
<td>Valsartan the golden standard</td>
<td>Yehia Ghanem</td>
<td>Alexandria University</td>
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<tr>
<td>15:55 - 16:00</td>
<td>Discussion</td>
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### Main Hall | Debate: Glucocentric Versus Organocentric approach in diabetes control | 16:00 - 16:45

**Chairpersons (in alphabetical order)**
- Lobna El Tony
- Mabaheg Souka
- Sahar El Heini
- Sahar Ismaeil
- Samir Helmy Assaad

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Affiliation</th>
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<tbody>
<tr>
<td>16:00 - 16:20</td>
<td>Ibrahim Elebrashy</td>
<td>Cairo University</td>
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<tr>
<td>16:20 - 16:40</td>
<td>Khalifa Abdallah</td>
<td>Alexandria University</td>
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<td>16:40 - 16:45</td>
<td>Discussion</td>
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</table>
### Hall: B  Montaza

**Metabolic surgery updates**  
16:00 - 16:30

**Chairpersons (in alphabetical order)**  
Fawzy El Messllamy  
Ibtessam Zakaria  
Mary Nabil  
Mona Abdel Mottaleb

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<tr>
<th>Time</th>
<th>Session</th>
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<th>Institution</th>
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<tbody>
<tr>
<td>16:00 - 16:20</td>
<td>Metabolic surgery for diabetes</td>
<td><strong>Alaa Abbass</strong></td>
<td><strong>Ain shams University</strong></td>
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<tr>
<td>16:20 - 16:40</td>
<td>Post Bariatric Hypoglycemia Practical Insights</td>
<td><strong>Randa Reda</strong></td>
<td><strong>Ain shams University</strong></td>
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<td>16:40 - 16:45</td>
<td>Discussion</td>
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### Main Hall

**Boehringer Ingelheim Industrial Symposium**  
16:45 - 17:30

**Chairpersons (in alphabetical order)**  
Hala Mahfouz  
khaled El Hadidi  
Magda Shoukry  
Mohamed Kamar  
Mohamed Mashahit  
Nehad Shoeib

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<th>Time</th>
<th>Session</th>
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<th>Institution</th>
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<tbody>
<tr>
<td>16:45 - 17:10</td>
<td>Diabetes management in the Era of cardiovascular outcomes trials</td>
<td><strong>Ibrahim Elebrashy</strong></td>
<td><strong>Cairo University</strong></td>
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<tr>
<td>17:10 - 17:30</td>
<td>Trajenta simplifying the management of T2D</td>
<td><strong>Nabil El Kafrawy</strong></td>
<td><strong>Menoufia University</strong></td>
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</tbody>
</table>
**Chairpersons (in alphabetical order)**
Mohamed Khattab        Sherif Hafez

17:30 - 18:30  Diabetic Neuropathy  
*Ibrahim Elebrashy*  *Cairo University*

“Special invitations delivered from the sponsor booth are mandatory to access the activity”
**Main Hall | Challenging diabetes cases | 09:00 - 10:00**

**Chairpersons (in alphabetical order)**
- Abeer Abdel Fattah
- Amr El Meligy
- Hemmat Elewa El Haddad
- Manal Abou Shady
- Salah Shelbaya
- Sherif Hafez

09:00 - 09:15  Rare complication in common disease: 2 cases of insulin allergy in T2DM
  - **Maha Assem**  
  - **Cairo University**

09:15 - 09:30  A challenging case of pediatric diabetes, Is it always type1?
  - **Mark Nabil**  
  - **Ain shams University**

09:30 - 09:45  Severe Hypertriglyceridemia in type 1 diabetes accompanied by Acute Pancreatitis and organomegaly
  - **Randa Fayz**  
  - **Cairo University**

09:45 - 10:00  Hirata's disease (Insulin autoimmune syndrome) in an Egyptian female patient: a case report
  - **Salah El Halawani**  
  - **Ain shams University**

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**Hall: B Montaza | Oral Presentation | 09:00 - 10:00**

**Chairpersons (in alphabetical order)**
- Ashraf Okba
- Khalifa Abdallah
- Mohamed Nabil Refaat
- Nehal Hamdy
- Salwa Seddik Hosny
- Samir George

09:00 - 09:12  Study of Plasma and Urinary Calprotectin Levels in Type 2 Diabetics with Peripheral Arterial Disease
  - **Nagwa Roshdy**  
  - **Ain shams University**

09:12 - 09:24  NLRP3 inflammasome expression and urinary HSP72 in relation to biomarkers of inflammation and oxidative stress in diabetic nephropathy patients
  - **Yasser Mostafa Hafez**  
  - **Tanta University**

09:24 - 09:36  Vitamin D receptor gene polymorphisms and 25(OH) vitamin D: Lack of association to glycemic control and metabolic parameters in type 2 diabetic Egyptian patients
  - **Mona Yousry**  
  - **Cairo University**
### Hall: B Montaza

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<th>Time</th>
<th>Oral Presentation</th>
<th>Speaker</th>
<th>University</th>
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<tbody>
<tr>
<td>09:36 - 09:48</td>
<td>Procalcitonin As A marker of Diabetic Foot Ulcer Infection</td>
<td>Moustafa Bakrey</td>
<td>Menoufia University</td>
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<tr>
<td>09:48 - 10:00</td>
<td>Urinary neutrophil gelatinase-associated lipocalin in type 2 diabetes: Relation to nephropathy and retinopathy</td>
<td>Salwa Seddik Hosny</td>
<td>Ain shams University</td>
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### Hall: C Abdeen

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<th>University</th>
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<tbody>
<tr>
<td>09:00 - 09:12</td>
<td>The relation between serum osteoprotegrin level and coronary artery calcification in type2 Diabetes Mellitus patients</td>
<td>Rasha sobh</td>
<td>Cairo University</td>
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<tr>
<td>09:12 - 09:24</td>
<td>Study of the Effect of Laparoscopic Mini-Gastric Bypass versus Sleeve Gastrectomy on Obese Type 2 Diabetic Patients</td>
<td>Alyaa Elsherbeny</td>
<td>Ain shams University</td>
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<tr>
<td>09:24 - 09:36</td>
<td>Serum level of the autophagy biomarker Beclin-1 correlates with the stage of diabetic kidney disease in type2 diabetic patients</td>
<td>Ghada Rabea</td>
<td>Cairo University</td>
</tr>
<tr>
<td>09:36 - 09:48</td>
<td>Correlation between serum neopterin level and carotid artery intima- media thickness in type 2 diabetic patients</td>
<td>Mohamed Abd El Hamid</td>
<td>Al Fayoum University</td>
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<tr>
<td>09:48 - 10:00</td>
<td>Expression of CD4+ CD28null T lymphocytes in children and adolescents with type 1 diabetes mellitus: Relation to microvascular complications, aortic elastic properties, and carotid intima media thickness</td>
<td>Rasha Eladawy Shaaban</td>
<td>Ain shams University</td>
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</tbody>
</table>
### Main Hall | Meet the Expert | 10:00 - 11:00

**Chairpersons (in alphabetical order)**
- Atef Bassiouny
- Mohamed Khattab
- Sherif Hafez
- Hesham El Hefnawy
- Nagwa Lachine

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:00 - 10:20</td>
<td>Interpretation of the Ambulatory Glucose Profile in Clinical Diabetes management</td>
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<td><em>Iain Cranston</em> UK</td>
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<td>10:20 - 10:40</td>
<td>Cumulated exposure to hyperglycemia, a new perspective on the CVOTs</td>
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<td><em>Ronan Roussel</em> France</td>
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<tr>
<td>10:40 - 11:00</td>
<td>Polycystic ovary syndrome and Insulin Resistance</td>
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<td><em>Hisham Maksoud</em> UK</td>
</tr>
</tbody>
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### Hall: B Montaza | Nursing Session | 10:00 - 11:00

**Chairpersons (in alphabetical order)**
- Eman Talaat
- Saheir Waheeda
- Maha Adel

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:00 - 10:12</td>
<td>Management of diabetes in long term care facilities</td>
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<td><em>Shaimaa Samir Dawood</em> Alexandria University</td>
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<tr>
<td>10:12 - 10:24</td>
<td>Nursing Insights for Diabetic Foot Care!</td>
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<td><em>Nafisa El Bassiouny</em> Beni-Suef University</td>
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<tr>
<td>10:24 - 10:36</td>
<td>Latest Innovations in Diabetes Care Technology</td>
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<td><em>Ahmed Mostafa Shehata</em> Beni-Suef University</td>
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<tr>
<td>10:36 - 10:48</td>
<td>Nurse-Led Implementation of a Safe and Effective IV Insulin Protocol in ICU</td>
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<td><em>El-Sayed Abd El-Aziz</em> Beni-Suef University</td>
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<tr>
<td>10:48 - 11:00</td>
<td>New Approaches in Managing Diabetes: Diet and Exercise</td>
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<td><em>Mohamed Adel Ghoneim</em> Beni-Suef University</td>
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</tbody>
</table>
Main Hall | Sanofi Industrial Symposium | 11:00 - 11:45

**Chairpersons (in alphabetical order)**

- Fouad El Nawawy
- Inas Sabry
- khaled Makbol
- Madiha Khattab
- Rania El Sayed
- Rawya Khater

11:00 - 11:15 Role of Glimepiride in Management of T2DM  
*Khalifa Abdallah*  
*Alexandria University*

11:15 - 11:45 B-Right from the start  
*Ronan Roussel*  
*France*

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Main Hall | Updates in diabetes management | 11:45 - 12:45

**Chairpersons (in alphabetical order)**

- Azza Abdel Karim
- khaled El Hadidi
- Mohamed Mashahit
- Mona Abdel Salam
- Salah Shelbaya
- Yara Eid

11:45 - 12:05 Hard to handle hyperglycemia  
*Hesham El Gayar*  
*Ain Shams University*

12:05 - 12:25 Adjunctive therapy for type 1 diabetes  
*Nabil El Kafrawy*  
*Menoufia University*

12:25 - 12:45 Prevention of type 1 diabetes  
*Farid Fawzy*  
*Zagazig University*
**Hall: B Montaza**

**Intermediate hyperglycemia: Updates**  
11:45 - 12:45

**Chairpersons (in alphabetical order)**
- Heba Sedrak
- Khadiga Ashmawy
- Lobna El Tony
- Mohamed El Assy
- Mohamed Halawa
- Nehal Abdel Rahman

11:45 - 12:00  
**Chemical diabetes, potential diabetes, prediabetes: what else**  
*Naglaa El Sayed*  
*Cairo University*

12:00 - 12:15  
**prediabetes and macrovascular complications**  
*Heba Murad*  
*Cairo University*

12:15 - 12:30  
**prediabetes and microvascular complications**  
*Suad Sultan*  
*Cairo University*

12:30 - 12:45  
**Pathophysiology of diabetes and microcirculation impact of metabolic control**  
*Alaa Abdel Hamid*  
*Cairo University*

**Hall: C Abdeen**

**Nutrition Session**  
11:45 - 12:45

**Chairpersons (in alphabetical order)**
- Nebal Aboul ella
- Nermine El Zeki

11:45 - 12:05  
**Physical activity recommendations for patients with diabetes**  
*Nebal Aboul ella*  
*National Nutrition Institute*

12:05 - 12:25  
**Glycemic load for better diabetes control**  
*Eman Ahmed Sultan*  
*National Nutrition Institute*

12:25 - 12:45  
**Anti inflammatory diet**  
*Dina Shehab*  
*National Nutrition Institute*
Main Hall | MSD Industrial Symposium | 12:45 - 13:30

Chairpersons (in alphabetical order)
Mohamed Khattab       Yehia Ghanem

12:45 - 13:00 Management of newly diagnosed T2DM patients: The debatable question; what’s after metformin?
Salah Shelbaya       Ain Shams University

13:00 - 13:15 Recent Updates in T2DM Management – Focus on DPP4is.
Nabil El Kafrawy       Menoufia University

Main Hall | Panel Discussion | 13:15 - 13:30

Moderator
Mohamed Khattab

Panelists (in alphabetical order)
Hesham El Gayar       Ibrahim Elebrashy
Yehia Ghanem

10 Years with DPP-4 Inhibition – Role of Sitagliptin in different T2DM population
Main Hall | Servier Industrial Symposium | 13:30 - 14:15

Chairpersons (in alphabetical order)
- Ibrahim Elebrashy
- Nermine Sheriba
- Samir George

13:30 - 13:45  T2D Control in Egypt, let’s take a stand together
- **Mohamed Khattab**  Cairo University

13:45 - 14:05  Evidence packed in experience
- **Yehia Ghanem**  Alexandria University

14:05 - 14:15  Take home message
- **Hesham El Gayar**  Ain Shams University

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Main Hall | Insulin Resistance | 14:15 - 15:15

Chairpersons (in alphabetical order)
- Eman Roushdy
- Manal El Masry
- Sahar El Heini
- Eman Youssef
- Mohamed Khattab
- Sanaa Gazarin

14:15 - 14:35  Fluid retention and Insulin Resistance
- **Hisham Maksoud**  UK

14:35 - 14:55  Insulin Resistance !! What is going on earth
- **Kamel Hamida**  Alexandria University

- **Yara Eid**  Ain Shams University

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*Leading Diabetes Care Today & Tomorrow*
### Rising stars Session

**Hall:** B Montaza  
**Session:** Rising stars Session  
**Time:** 14:15 - 15:15

**Chairpersons (in alphabetical order):**
- Atef Bassiouny
- Merhane Samy
- Salah Shelbaya
- Eman Zaki
- Nabil El Kafrawy

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<td>14:15 - 14:30</td>
<td>Extreme insulin resistance</td>
<td>Sherif Samy</td>
<td>Ain shams University</td>
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<td>14:30 - 14:45</td>
<td>Role of vitamin D deficiency in the pathogenesis of type 2 diabetes</td>
<td>Haytham Badr</td>
<td>Menoufia University</td>
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<td>14:45 - 15:00</td>
<td>C-Peptide in its own right</td>
<td>Shaimaa Kamel</td>
<td>Menoufia University</td>
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<td>15:00 - 15:15</td>
<td>Antidiabetic drugs overdose, how to manage?</td>
<td>Nazih Ramdan</td>
<td>Cairo University</td>
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### Nursing Session

**Hall:** C Abdeen  
**Session:** Nursing Session  
**Time:** 14:15 - 15:15

**Chairpersons (in alphabetical order):**
- Amal Gomaa
- Bassmat Omar
- Sohier Waheda
- Zeinab Mohamed El Sayed

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<td>14:15 - 14:27</td>
<td>Nursing Management for Diabetic Emergencies</td>
<td>Mohamed Seweid</td>
<td>Beni-Suef University</td>
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<td>14:27 - 14:39</td>
<td>Time Restricted Feeding: Surprising Update</td>
<td>Mohamed Moussa</td>
<td>Cairo University</td>
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<td>14:39 - 14:51</td>
<td>Psychological Aspect of Diabetes Management</td>
<td>Ahmed El-Monshed</td>
<td>Mansoura University</td>
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<td>14:51 - 15:03</td>
<td>HbA1C and eAG Diabetes prediction and Control</td>
<td>Ahmed Fathy Alkady</td>
<td>Cairo University</td>
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Main Hall | Lilly Industrial Symposium | 15:15 - 16:00
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**Chairpersons (in alphabetical order)**

- Ibrahim Elebrashy
- Salah El Ghazaly Harb
- Nermine Sheriba
- Samir George

**15:15 - 15:35**

Efficacy of Trulicity molecule designed for once weekly non-insulin injection

*Salah Shelbaya*  
*Ain Shams University*

**15:35 - 15:55**

Trulicity Unbeaten Efficacy as 1st injectable in T2DM

*Iain Cranston*  
*UK*

**15:55 - 16:00**

Discussion
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<td>16:00 - 16:15</td>
<td>GLP-1RA position in the recent guidelines</td>
<td>Nabil El Kafrawy</td>
<td>Menoufia University</td>
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<td>16:15 - 16:30</td>
<td>Conclude the defining moment</td>
<td>Khalifa Abdallah</td>
<td>Alexandria University</td>
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<tr>
<td>16:30 - 16:45</td>
<td>Coformulation: the new generation of insulin combinations</td>
<td>Mohamed Khattab</td>
<td>Cairo University</td>
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Main Hall | Cardiometabolic Updates | 16:45 - 17:45

Chairpersons (in alphabetical order)
Atef Bassiouny | Hesham El Gayar
Ibrahim Elebrashy | Khalifa Abdallah
Mohamed Khattab | Nabil El Kafrawy
Nermine Sheriba | Salah Shelbaya
Samir George | Sherif Hafez

16:45 - 17:00 The key of the algorithm for blood glucose lowering therapy
*Atif Bassiouny* | *NIDE*

17:00 - 17:15 Precision medicine in atherosclerosis management: Fashion or unmet need?
*Noha Gaber* | *Alexandria University*

17:15 - 17:45 Updates in cardiovascular diabetology: future drugs
*Mohamed Khattab* | *Cairo University*

Hall: B Montaza | Pfizer Learn & Lunch | 17:45 - 18:45

17:45 - 18:15 Diabetic Peripheral neuropathy
*Samir George* | *Cairo University*

18:15 - 18:45 What’s new within the European Society of Cardiology Guidelines 2019
*Magdy Helmy Megalaa* | *Alexandria University*

“Special invitations delivered from the sponsor booth are mandatory to access the activity”